

**Executive Board of the Tennessee Baptist Convention**  
**MINOR CAMPER HEALTH AND ACTIVITY RELEASE FORM**

Event: \_\_\_\_\_ Week of: \_\_\_\_\_ Location: \_\_\_\_\_

**Camper Information:**

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Social Security Number: \_\_\_\_\_

Home address: \_\_\_\_\_

Home Church: \_\_\_\_\_ Association: \_\_\_\_\_

**Health Information:**

General Health: (Circle One) Excellent    Good    Fair	List any allergies the camper has:	List any medications the camper is allergic to:	Give the date of the following inoculations required by the Tennessee Department of Health.
			Date Received
			Polio _____
Describe any continuing health problems and or disability/handicap of the camper:	List any medications the camper is currently taking:	Does Camper have or has camper been treated for lice within the past 7 days? If yes, date treated _____	Booster _____
			Tetanus _____

**Are any medications being sent with camper?** \_\_\_\_\_ Any medications sent to camp should be placed in original packaging in a zip lock bag with the camper's name and specific directions for use securely attached. Medications will be held and administered by the camp staff.

**Emergency Contact:**

In the event of an emergency, the parents or legal guardian of this child may be contacted as follows:

Father/Guardian	Mother/Guardian	Relative, Neighbor, Other
Name: _____	_____	_____
Day Phone: (____) _____	(____) _____	(____) _____
Night Phone: (____) _____	(____) _____	(____) _____

**PARENTAL RELEASES**

If camper is under 18 years of age or suffering from a disability/handicap, both mother and father who have legal custody, or the legal guardian of the minor must sign on line below marked by an X. If only one parent has legal custody for any reason, the other parent should indicate that reason when signing.

**Activity Release:** - I hereby give my permission for the child listed above, of whom I am the parent or legal guardian, to participate in all camp activities including swimming, with the exception of the following:

**Appointment of Medical Authority:** - I/we hereby appoint the Camp Director and/or Site Coordinator of the camp attended by the minor camper listed on this form, as my attorney in fact and vest any of them with authority to authorize any necessary medical treatment for the camper.

**Acceptance of Medical Expenses:** I/we understand that I/we have purchased through the Executive Board, by means of the camp fee, a limited accident and illness insurance policy. This policy will pay up to \$2,500 of medical expense, with certain exceptions, for any medical treatment required by the camper on this form. Pre-existing and self-inflicted injuries are not covered by this policy. Furthermore, I agree to pay any and all medical expenses incurred in the care of this camper, not covered by this policy. This minor is also covered by

Insurance in the name of \_\_\_\_\_ with \_\_\_\_\_ ID Number \_\_\_\_\_  
Policy Holder Insurance Carrier ID Number

I/we agree that the camper is bound by the applicable policies and rules, as amended from time to time. All decisions of the Camp Director are final.

Signature of Father: X \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Mother: X \_\_\_\_\_ Date: \_\_\_\_\_

# PUBLICATION RELEASE

In consideration for promotional and/or publicity value only:

I, (subject) \_\_\_\_\_

Do hereby give the Executive Board of the Tennessee Baptist Convention and parties designated by them, including clients, licenses, purchasers, agents, publishers, and periodicals, the irrevocable right to use my name and/or photograph for sale and reproduction in any print or electronic medium for purposes of advertising, trade, display, exhibition, competition, or editorial use pertaining to ministries, activities, or events of the Executive Board. I have read this release and understand and agree to its terms.

I affirm that I  am  am not, more than 18 years of age.

Signed \_\_\_\_\_ Date \_\_\_\_\_

Witness \_\_\_\_\_ Date \_\_\_\_\_

## Guardian Consent for those under 18 years of age:

I am (we are) the parent(s) or guardian(s) of the above named minor and hereby approve the foregoing use subject to the foregoing terms and conditions:

Signed \_\_\_\_\_ Date \_\_\_\_\_

Witness \_\_\_\_\_ Date \_\_\_\_\_

Signed \_\_\_\_\_ Date \_\_\_\_\_

Witness \_\_\_\_\_ Date \_\_\_\_\_

T-shirt size \_\_\_\_\_

Youth small (6-8)  
medium (10-12)  
Large (14-16)

Adult small  
medium  
Large  
XL  
2XL  
3XL

# Participation and Assumption of Risk Agreement

## Three Strands Ministries

Linden Valley Baptist Conference Center (LVBCC)

A Ministry of the EXECUTIVE BOARD OF THE TENNESSEE BAPTIST CONVENTION

Participant's Name: \_\_\_\_\_ Age: \_\_\_\_\_ DOB: \_\_\_\_\_ SSN(optional) \_\_\_\_\_

Home Address: \_\_\_\_\_

### Challenge-by-Choice:

The following activities are designed to build the individual's self-esteem and confidence. Participants are encouraged in a "Challenge-by-Choice" atmosphere and should not feel pressured to participate in any way. Participants may withdraw from the activities at any time.

#### ACTIVITIES: (initial your choice of participation beside each activity; failure to make a choice is deemed a "No")

<input type="checkbox"/> Yes <input type="checkbox"/> No	<b>The Odyssey High Ropes Course - Minimum requirements:</b> At least 12 years of age to participate on the course. In addition participants must have the physical stature required to fit safely in the harness equipment. <b>Risks:</b> the course may aggravate certain medical conditions and individuals with a history of or inclination for certain medical conditions should consider carefully the potential dangers to themselves if they choose to participate in the course. It is strongly recommended that you consult with your physician about your particular situation. Included in the medical conditions of concern are: heart attack                      chest pain/pressure                      high blood pressure                      asthma                      stroke                      knee/ankle problems diabetes                              seizures    major surgery                              pregnancy allergies                      back/neck/arm problems <b>Description:</b> This course is a high ropes adventure course that challenges the participant to traverse a series of cables strung between 50' tall towers. Participants work in a team of 2 to 4 people to successfully traverse the course and overcome obstacles in the course design. This course teaches self-confidence, trust, problem-solving and team work. Each participant wears a harness and is tethered by a static rope to safety cables. Trained facilitators operate the course and safety is consistently emphasized throughout the session.
<input type="checkbox"/> Yes <input type="checkbox"/> No	<b>The Odyssey Low Ropes course - Minimum requirements:</b> At least 10 years old and have the physical stature and mobility to encounter initiatives. <b>Risks:</b> Course includes climbing, lifting, balancing, physical exertion, group participation, on platforms from four to ten feet off the ground. There is potential risk for a myriad of injuries, including falling, twisting ankles or other joints, pulled muscles, etc.
<input type="checkbox"/> Yes <input type="checkbox"/> No	<b>Zip Line - Minimum requirements:</b> At least 12 years of age to participate on the course. In addition, participants must have the physical stature required to fit safely in the harness equipment. <b>Risks:</b> Physical exertion in climbing up cargo net, bounce and jolt to body coming off of platform, lower joint and back pains from climbing, and anxiety from heights or speed from free fall. Individuals suffering from fear of heights should carefully review and consider the impact of this experience. <b>Description:</b> A 620' ride suspended from a cable. Participants will climb a cargo net to a platform. They will be connected by trained staff to the cable using a pulley and harness system to insure safety. Two participants ride parallel cables six feet apart from a wooded area into an open field where trained staff will meet them to disconnect the harness and pulley. You will begin 30 feet off the ground and end the Zip Line 12' off the ground. From the time you slide off the platform until you get to the end, your feet never hit the ground.
<input type="checkbox"/> Yes <input type="checkbox"/> No	<b>Hiking Trails - Minimum requirements:</b> Good physical condition and ability to climb hills, maneuver over, around & through rugged terrain, and traverse steep inclines. <b>Risks:</b> Physical exertion, twisted ankles and other joints, wild animals, poisonous and non-poisonous snakes, spiders, etc. <b>Description:</b> We have a trail system that covers relatively rugged terrain. These trails can be used only by foot. As you traverse several ridges that take you to a water fall or the rustic camp you should be aware of four things: 1. You are in the woods and could be far from road access, 2. You are in someone else's home, i.e., insects (some poisonous), birds, snakes (some poisonous), deer and many other wild animals who usually like to be left alone 3. Our trails are maintained but relatively unimproved, in other words, we leave natural rocks, roots, trees, etc., that could injure, 4. We have unpredictable weather. In light of these things please plan ahead and prepare. We recommend following the signs, staying on the trail, water, proper clothing and letting someone know where you are going.
<input type="checkbox"/> Yes <input type="checkbox"/> No	<b>Kayaking - Minimum requirements:</b> At least 10 years of age, sturdy tennis or water shoes, average physical condition and must wear a safety flotation device though the entire float trip. <b>Risks:</b> Drowning, snake bite, scrapes and bruises from rocks, trees, other participants. <b>Description:</b> You will be taken by a TBC-owned bus to one of three "put-in" points along the scenic Buffalo River. While one, four and eight mile trips are available, most groups prefer the four mile trek. You will float down the river on a "sit-on" or "sea" style kayak back to LVBCC. All participants are provided a life jacket which they are required to wear during the entire float trip. Although the Buffalo River seems to be a mild river with only a few class one rapids it can also be inherently unpredictable. Rocks, trees, steep terrain, deep water in places, snakes (some poisonous), weather, other people, and the like, all put you at risk for unforeseen injury or loss. You will travel with trained lifeguards who know the river and its hazards. <b>Tennis shoes or sturdy water shoes are required.</b>
<input type="checkbox"/> Yes <input type="checkbox"/> No	<b>Tubing - Minimum requirements:</b> At least 10 years of age, sturdy tennis or water shoes, average physical condition, and must wear a safety flotation device through the entire float trip. <b>Risks:</b> Drowning, snake bite, scrapes and bruises from rocks, trees, other participants. <b>Description:</b> You will be taken by a TBC-owned bus to a "put-in" point along the scenic Buffalo River for a one-mile trek. You will float down the river on a rental-grade tube to LVBCC. All participants are provided a life jacket which they are required to wear during the entire float trip. Although the Buffalo seems to be a mild river with only a few class one rapids it can also be inherently unpredictable. Rocks, trees, steep terrain, deep water in places, snakes (some poisonous), weather, other people and the like, all put you at risk for unforeseen injury or loss. You will travel with trained lifeguards who know the river and its hazards. <b>Tennis shoes or sturdy water shoes are required.</b>
<input type="checkbox"/> Yes <input type="checkbox"/> No	<b>Paintball - Minimum requirements:</b> At least 10 years of age and in good physical condition. <b>Risks:</b> Abrasions from impact of being hit, strenuous activity, running, jumping, sliding on rugged terrain. <b>Description:</b> Paintball is another exciting and challenging team building program offered by LVBCC. All participants are outfitted with a mandatory protective face shield during play. Long pants, shirts and gloves are recommended but not required. Depending on program goals, you can expect to be facilitated through various exercises and scenarios that require your group to work quickly and efficiently to accomplish certain tasks. There is certainly a militaristic overtone that frames this particular activity but we encourage teams to work as a whole, discouraging "lone wolf" operations. You will be running, jumping, sliding, ducking, and hiding in and

